

# Patient Information Leaflet- Falls

Do I need help with?

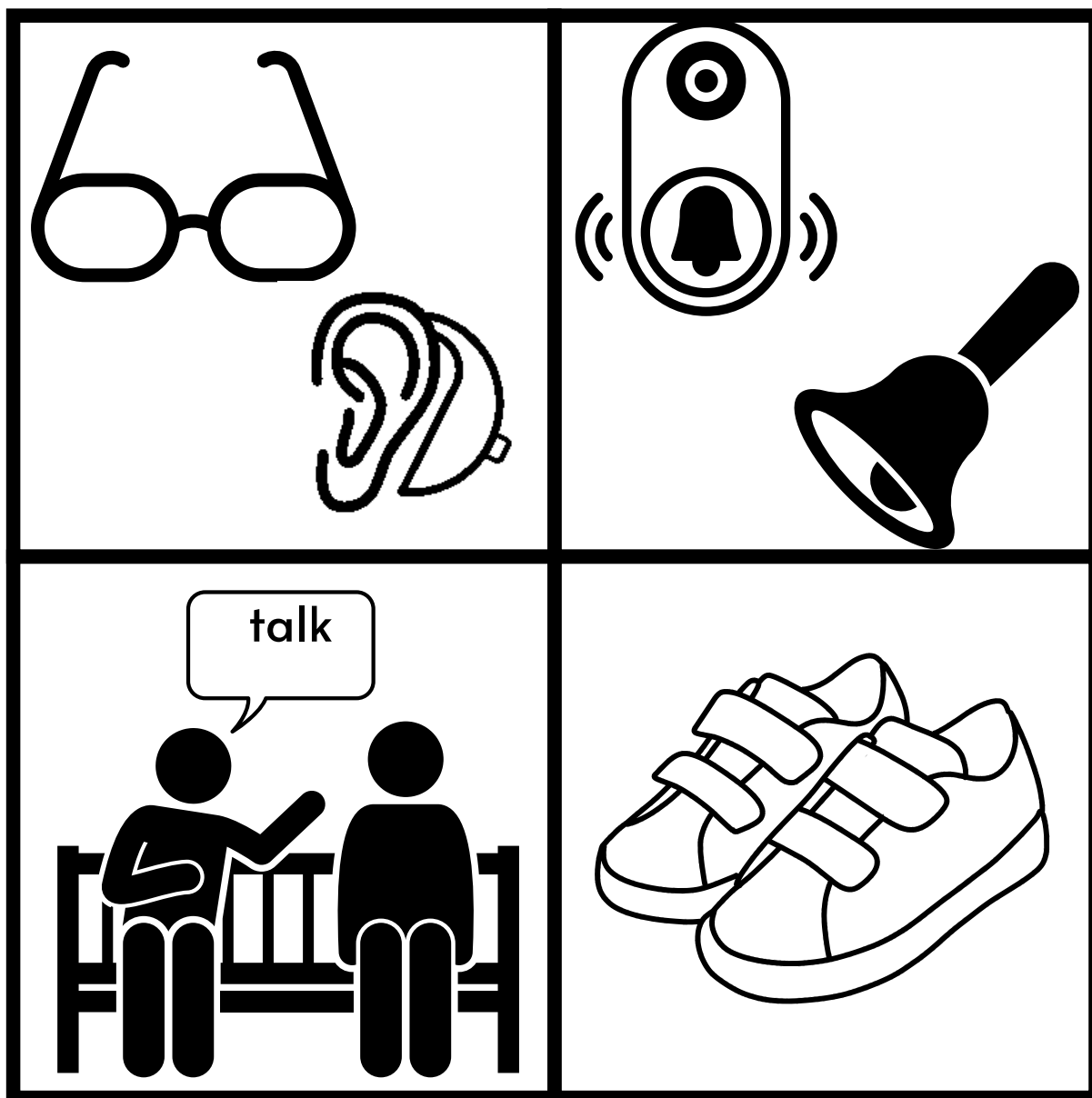


**Asking for Help is ok!**

Falls Prevention Team  
[hyp-tr.fallspreventionteam@nhs.net](mailto:hyp-tr.fallspreventionteam@nhs.net)

# Patient Information Leaflet- Falls

## What can I do to prevent a fall?



**Asking for Help is ok!**

Falls Prevention Team

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